"For me (it) is a safe place.

I found inspiration, self love

and self worth."

-Resident

Statistics

- The average age of entry into the sex trade in Canada is 13.
- 93% of Canada's sex trafficking victims are born in Canada.
- Two thirds (64%) of people in Canada know a woman who has experienced physical, sexual, or emotional abuse.
- On any given night in Canada, 3,491 women and their 2,724 children sleep in shelters because it isn't safe at home.
- On any given night, about 300 women and children are turned away because shelters are already full.
- In 2020, 9% of women overall and 17% of women aged 18 to 25 years had an alcohol use disorder.
- Studies reflect that about 40-60% of individual's relapse within 30 days of leaving an inpatient drug and alcohol treatment center, and up to 85% relapse within the first year.



Phone: 1-855-812-0136
Email: admin@dignityhouse.ca
Website: www.dignityhouse.ca
(Volunteer applications on the website)

Facebook: Dignity House Inc. Instagram: dignityhouseinc

C/O 1977 Norris Rd. Winnipeg, Manitoba, R2G 4C1

Charity Registration: 840863393RR0001



Website



Donations



So if the Son sets you free, you will be free indeed. ~John 8:36.

Who We Are

At Dignity House our mission is to provide long-term supportive housing for women leaving human trafficking, sexual exploitation, abuse and addictions.

We provide mentorship to heal, thrive, and integrate back into the community through volunteering, education, and employment. We support our residents to be empowered, develop new skills, and experience the love of God.

Our Program

Dignity House offers shared community living in safe and sober homes for residents who have already completed detox and treatment programs. Residency is a couple of years with guided programming, skill building and ongoing drug testing.

Dignity House believes the following areas are fundamental parts in the recovery journey: a sense of safety, relationships and connections with others, recovering your sense of self, structure and routines, faith, cultural practices, physical fitness, accountability, vision setting, recovery programs and counseling, and child reunification.

How Can I Help?

We are incredibly grateful for those who choose to come alongside and offer support to our organization. Your generosity plays a crucial role in enabling us to provide the necessary support and resources to these courageous women. We deeply appreciate your consideration.

Volunteer

Dedicate your time and skills to make a tangible difference in the lives of these women. We have several volunteer opportunities available, including:

- •House and Yard Maintenance: Help create a safe and welcoming environment by assisting with maintenance tasks such as cleaning, gardening, and repairs.
- •**Transportation:** Provide transportation support by driving women to appointments, job interviews, or other essential commitments.
- •Fundraising Events: Contribute your organizational skills and passion for our cause by volunteering for fundraising events. Help with planning, setup, coordination, or other event-related tasks.
- •Mentoring: Be a friend and mentor to these women. Create meaningful connections through friendship, fun events, and guidance.

*find more details on the website

Pray and Share

Become a valued member of our prayer network, lifting up these brave women in your prayers. Pray for their healing, strength, and restoration.

Participate in our events that aim to raise awareness and funds for our programs. By attending events, sharing our work and our social media posts you contribute to the healing journey of these women and help prevent further exploitation.

Donate

Donations are vital to our efforts, and you have the option to contribute in different ways:

Goods: We accept donations of essential items such as clothing, food, personal care products, and other necessities. These items directly support the well-being and dignity of the women we assist.

Monetary: Consider making a one-time or monthly monetary donation to support our ongoing initiatives.

Your financial contribution enables us to provide comprehensive care, mentoring and resources to these women on their path to recovery and independence.

Cheque payable to Dignity House Inc. C/O 1977 Norris Rd. Wpg, MB, R2G 4C1 **Credit Card online**: bit.ly/30whYtn

E-transfer: bookkeeper@dignityhouse.ca